

p-ISSN : 2355-052X
e-ISSN : 2548-3811

Jurnal

*Journal of Ners
and Midwifery*

Ners dan Kebidanan **Volume 9 Issue 3 December 2022**

EDITORIAL TEAM JOURNAL OF NERS AND MIDWIFERY

Executive Editor

Prof. Dr. Suprajitno, S.Kp., M.Kep., M.Kes

Editor in Chief

Wahyu Wibisono, SS, M.Pd

Secretary

Ns. RR. Dewi Rahmawati A.P, S.Kep., MNS

Editor

Maria Ifa, S.ST., M.Kes.
Yeni Kartika Sari, S.Kep., Ns., M.Kep.

Section Editor

Thatit Nurmawati, S.Si., M.Kes
Ning Arti Wulandari, M.Kep
Levi Tina Sari, SKM., M.Kes
Sisinyana Hannah Khunou
Carmela Theres de Leon
Roy Fabrigas Bermudez
Roshan Kumar Mahato
Fitz Gerald V. Jaminit
Tri Susilowati
Do Thi Ha
Mazly Astuti

Technical Support

Dina Yusvitasari, S.Kom
Yohanes Kurniawan

Editorial Address : **STIKes Patria Husada Blitar**
Jl. Sudanco Supriyadi 168 Blitar
Telp./Faks.0342-814086
Institution URL : www.phb.ac.id
Journal URL : www.ojs.phb.ac.id
Institution Email : stikesphblitar@gmail.com
Journal Email : jnkphb@gmail.com

PEER REVIEWER

The Editors gratefully acknowledge the assistance of the following people, who reviewed manuscripts for Journal of Community Service for Health, Volume 9 Issue 3 December 2022

1. **Ferry Efendi**
Universitas Airlangga Surabaya
2. **Prof. Dr. Ah Yusuf**
Universitas Airlangga Surabaya
3. **Ryan Michael Flores Oducado** West
Visayas State University
4. **Joel Rey Ugsang Acob**
West Visayas State University
5. **Wiwin Martiningsih**
Poltekkes Kemenkes Malang
6. **Yunita Armiyanti**
Universitas Jember
7. **Sri Mugianti**
Poltekkes Kemenkes Malang
8. **Chilyatiz Zahroh**
Universitas Nahdlatul Ulama Surabaya
9. **Ratna Feti Wulandari**
STIKes Pamenang
10. **Iis Noventi**
Universitas Nahdlatul Ulama Surabaya
11. **Annif Munjidah**
Universitas Nahdlatul Ulama Surabaya
12. **Fitz Gerald V. Jaminit**
Pamantasan ng Lungsod ng Pasig
13. **Carmela Theres de Leon**
Pima Medical Institute United States
14. **Iril I. Panes**
Sultan Kudarat State University Philippines
15. **Anita Rahmawati**
STIKes Patria Husada Blitar
16. **Fidyah Aminin**
Poltekkes Kemenkes Tanjungpinang
17. **Nonik Ayu Wantini**
Universitas Respati Yogyakarta
18. **Farida Yuliani**
STIKes Majapahit Mojokerto
19. **Juhrotun Nisa**
Politeknik Harapan Bersama Tegal
20. **Titik Juwariyah**
STIKes Ganesha Husada Kediri
21. **Susi Wahyuning Asih**
Universitas Muhammadiyah Jember
22. **Ratih Mega Septiasari**
STIKes Widya Cipta Husada Malang
23. **Nove Lestari**
STIKes Karya Husada Kediri
24. **Atik Pramesti Wilujeng**
STIKes Banyuwangi

25. Elizabeth Yun Yun Vinsur
STIKes Panti Waluya Malang

26. Oda Debora
STIKes Panti Waluya Malang

27. Muhammad Saleh Nuwa
STIKes Maranatha Kupang

28. Kanthi Devi Ayuningtyas
STIKes Patria Husada Blitar

29. Berliany Venny Sipollo
STIKes Panti Waluya Malang

30. Ita Noviasari
STIKes Patria Husada Blitar

31. Ika Agustina
STIKes Patria Husada Blitar

32. Raden Roro Dewi Rahmawaty Aktyani Putri
STIKes Patria Husada Blitar

TABLE OF CONTENT

Different Effect of Citrus (Orange) and Lavender Aromatherapy towards Anxiety Level Arie Jefry Kaarayeno, Rachmat Chusnul Choeron, Maria Irene Ngongo.....	276-287
Lecturing Method and Video Learning Media Effectively Increases Knowledge and Motivation on Health Education Wahyu Nur Pratiwi, Sri Wahyuni, Yanuar Eka Pujiastutik.....	288-295
Virtual Assistance Improves Diet Compliance of Hypertension Patients Dhina Widayati, Pria Wahyu Romadhon Girianto, Markus Mete.....	296-302
Gadget Use Duration and its Impact on Learning Motivation and Social Development of Children Tri Peni, Siti Indatul Laili, Tri Ratnaningsih.....	303-310
Positive correlation of Hypertension and Cognitive Function of Elderly Nanik Dwi Astutik, Felisitas A Sri S, Ifa Pannya Sakti.....	311-320
Hematology Profile of Pregnant Women in Trimester III with Covid-19 Ririn Handayani, Ernawati Anggareni, Nazmi Kamila.....	321-327
Range of Motion Spherical Grip Affected the Upper Extremity Muscle Strength in Post Stroke Patients Lutfi Wahyuni, Siti Kotijah, Catur Prasastia Lukita Dewi.....	328-334
Factors Affecting Mother's Behavior on The Compliance of Antenatal Care Visits Sirli Mardianna Trishinta, Pertiwi Perwiraningtyas, Susmini Susmini.....	335-341
Perinatal Outcomes in Pregnancy with Preeclampsia and Eclampsia Rurik Rosa Apriliana, Eny Sendra, Triatmi Andri Yanuarini.....	342-352
Positif Correlation of Online Game Addiction and Depression Level of Adolescent Wiwik Widiyawati, Helmi Ardiansyah Arby.....	353-359
Anxiety Among Pregnant Women During Covid-19 Pandemic Dina Zakiiyyatul Fuadah.....	360-369
Reducing Blood Pressure on Elderly with Hypertension with Progressive Muscle Relaxation Therapy Ida Noefitasari, Desi Natalia Trijayanti Idris.....	370-378

Determinants Factors of Pre-Eclampsia Incidence Sri Rahayu, Endah Kamila Mas'udah, Lisa Purbawaning Wulandari.....	379-386
Self Management of Type 2 Diabetes Mellitus Patients at The Internist Polyclinic of Ngudi Waluyo General Hospital Blitar Distric Ulfa Husnul Fata, Ila Ageng Safiani, Laily Prima Monica, Maria Ulfa, Wahyu Wibisono.....	387-392
Study of Local Plant as a Functional Food to Increase Breast Milk Supply Rike Puspitasari, Rahajeng Siti Nur Rahmawati, Arika Indah Setyarini.....	393-400
Expository Methods of Bundles HAP Affected the Implementation of HAP Prevention of Adult Inpatient Unit Lia Pratiwi, Yosi Maria Wijaya, Monica Saptiningsih.....	401-406
Legal Protection for Practice Students D3 Medical Record and Health Information UNU NTB in NTB Province Hospital Muhamad Siladani Fatuhu, Dwi Andayani.....	407-415
Complementary Therapy of Tui Na Massage Affected the Increase of Children Appetite Lida Khalimatus Sadiya, Veryudha Eka Prameswari, Noer Saudah.....	416-422
Systematic Review: The Effect of Celery on Blood Pressure in Menopause Niken Bayu Argaheni.....	423-430
Literature Review: Correlation Between Exclusive Breastfeeding and Incident of Diarrhea to Toddlers Kili Astarani, Dewi Ika Sari Hari Poernomo, Cindy Nova.....	431-442

FOREWORD

Journal of Ners and Midwifery (JNK) is a newly launched, peer reviewed, open access academic journal which comprises the the results of research conducted by researchers focusing on health. By publishing high-quality and novel articles in a wide range of categories, this journal is dedicated to expanding and evolving the knowledge of health especially nursing and midwifery. Researchers and scientist will be able to obtain valuable information and innovative ideas from JNKarticles. The mission of *JNK* is to provide readers and researchers with a reliable source of information relevant to current developments and discoveries of nursing and midwifery topics. The journal also acts as a forum for exchanging interdisciplinary scientific knowledge from professional and an educational point of view. *JNK* emphasizes the importance of the worldwide collaboration and cooperation in various fields of health. The topics covered in this journal include all of the nursing midwifery which is relevant to health. Any types of manuscripts submission, original research articles, review articles, new technology reports, are all welcomed. To sum up, the latest concept in a variety of research area is collected and summarized in this journal for the readers.

We are deeply grateful to all of the authors for their excellent works and remarkable contributions. Each issue offers useful reports and articles to the readers. We encourage both readers and researchersto submit manuscripts especially in health disciplines. We are looking forward to receive extraordinary manuscripts and to promote the development in the cutting-edge of health.

Blitar, December 2022

Wahyu Wibisono, SS, M.Pd