

p-ISSN : 2355-052X

e-ISSN : 2548-3811

# Jurnal

*Journal of Ners  
and Midwifery*

Ners dan Kebidanan

Volume 1 0 Issue 2 August 2023

## EDITORIAL TEAM JOURNAL OF NERS AND MIDWIFERY

### ***Executive Editor***

Prof. Dr. Suprajitno, S.Kp., M.Kep., M.Kes

### ***Editor in Chief***

Wahyu Wibisono, SS, M.Pd

### ***Secretary***

Ns. RR. Dewi Rahmawati A.P, S.Kep., MNS

### ***Editor***

Maria Ifa, S.ST., M.Kes.  
Yeni Kartika Sari, S.Kep., Ns., M.Kep.

### ***Section Editor***

Thatit Nurmawati, S.Si., M.Kes  
Ning Arti Wulandari, M.Kep  
Levi Tina Sari, SKM., M.Kes  
Sisinyana Hannah Khunou  
Carmela Theres de Leon  
Roy Fabrigas Bermudez  
Roshan Kumar Mahato  
Fitz Gerald V. Jaminit  
Tri Susilowati  
Do Thi Ha  
Mazly Astuti

### ***Technical Support***

Dina Yusvitasari, S.Kom  
Yohanes Kurniawan

**Editorial Address** : **STIKes Patria Husada Blitar**  
Jl. Sudanco Supriyadi 168 Blitar  
Telp./Faks.0342-814086  
Institution URL : [www.phb.ac.id](http://www.phb.ac.id)  
Journal URL : [www.ojs.phb.ac.id](http://www.ojs.phb.ac.id)  
Institution Email : [stikesphblitar@gmail.com](mailto:stikesphblitar@gmail.com)  
Journal Email : [jnkphb@gmail.com](mailto:jnkphb@gmail.com)

### **PEER REVIEWER**

The Editors gratefully acknowledge the assistance of the following people, who reviewed manuscripts for Journal of Community Service for Health, Volume 10 Issue 2, August 2023

1. **Ferry Efendi**  
Universitas Airlangga Surabaya
2. **Prof. Dr. Ah Yusuf**  
Universitas Airlangga Surabaya
3. **Ryan Michael Flores Oducado** West  
Visayas State University
4. **Joel Rey Ugsang Acob**  
West Visayas State University
5. **Wiwin Martiningsih**  
Poltekkes Kemenkes Malang
6. **Yunita Armiyanti**  
Universitas Jember
7. **Sri Mugianti**  
Poltekkes Kemenkes Malang
8. **Chilyatiz Zahroh**  
Universitas Nahdlatul Ulama Surabaya
9. **Ratna Feti Wulandari**  
STIKes Pamenang
10. **Iis Noventi**  
Universitas Nahdlatul Ulama Surabaya
11. **Annif Munjidah**  
Universitas Nahdlatul Ulama Surabaya
12. **Fitz Gerald V. Jaminit**  
Pamantasan ng Lungsod ng Pasig
13. **Carmela Theres de Leon**  
Pima Medical Institute United States
14. **Iril I. Panes**  
Sultan Kudarat State University Philippines
15. **Anita Rahmawati**  
STIKes Patria Husada Blitar
16. **Fidyah Aminin**  
Poltekkes Kemenkes Tanjungpinang
17. **Nonik Ayu Wantini**  
Universitas Respati Yogyakarta
18. **Farida Yuliani**  
STIKes Majapahit Mojokerto
19. **Juhrotun Nisa**  
Politeknik Harapan Bersama Tegal
20. **Titik Juwariyah**  
STIKes Ganesha Husada Kediri
21. **Susi Wahyuning Asih**  
Universitas Muhammadiyah Jember
22. **Ratih Mega Septiasari**  
STIKes Widya Cipta Husada Malang
23. **Nove Lestari**  
STIKes Karya Husada Kediri
24. **Atik Pramesti Wilujeng**  
STIKes Banyuwangi

**25. Elizabeth Yun Yun Vinsur**  
STIKes Panti Waluya Malang

**26. Oda Debora**  
STIKes Panti Waluya Malang

**27. Muhammad Saleh Nuwa**  
STIKes Maranatha Kupang

**28. Kanthi Devi Ayuningtyas**  
STIKes Patria Husada Blitar

**29. Berliany Venny Sipollo**  
STIKes Panti Waluya Malang

**30. Ita Noviasari**  
STIKes Patria Husada Blitar

**31. Ika Agustina**  
STIKes Patria Husada Blitar

**32. Raden Roro Dewi Rahmawaty Aktyani  
Putri**  
STIKes Patria Husada Blitar

## TABLE OF CONTENT

<b>Reduction of JITANTI PTM Questionnaire: Principal Component Factor Analysis</b> Suprajitno Suprajitno, Sri Mugianti, Bastianus Doddy Riyadi, Juin Hadi Suyitno, Puguh Yudho Trisnanto.....	154-160
<b>Ludo Disaster Alert Educational Game as A Disaster Preparedness Education Strategy at Setonorejo 1 Kras Elementary School</b> Fidiana Kurniawati, Vitaria Wahyu Astuti.....	161-168
<b>Communication Using the Storytelling Method Improves Knowledge in Implementing Health Protocols for School-Age Children</b> Kili Astarani, Srinalesti Mahanani, Maria Anita Yusiana.....	169-176
<b>Compliance with a Low Salt Diet in Elderly Hypertension at the Elderly Posyandu, Gedog Village, Sananwetan District, Blitar City</b> Ulfa Husnul Fata, Ayu Rahmawati, Wahyu Wibisono, Raden Roro Dewi Rahmawati Aktyani Putri.....	177-181
<b>The Influence of Health Education on Knowledge of Breastfeeding Mothers about the Benefits of Katuk leaves Against Improvement Breast Milk Production</b> Ita Noviasari.....	182-188
<b>Quality of Life in Patients with Chronic Kidney Disease</b> Esterlita Ayu Putri Apriliani, Oda Debora, Emy Sutiyarsih, Elizabeth Yun Yun Vinsur...	189-195
<b>Determinants of Notification Factors for Spouses of People with HIV-AIDS (PLWHA) in Care, Support, and Treatment Services Mojokerto City</b> Arief Andriyanto, Arif Wicaksono.....	196-201
<b>The Relationship of Feeding Complementary Foods with Complete Menu on Babies Weight</b> Annif Munjidah, Elisa Eka Rukmana, Fauziyatun Nisa, Esty Puji Rahayu, Aida Husnil Khotimah.....	202-209
<b>Comorbidity and Fatality Among Covid Patients: A Hospital Based-Retrospective Cohort Study</b> Yeni Kartika Sari, Thatit Nurmawati, Joko Ivnu Santoso, Maratus Sholichah Fitriah Hajar Kusnianto.....	210-216

<b>Monitoring Mean Arterial Preasur (MAP) in Traumatic Brain Injury Patients during The Initial 60 Minutes of Manitol 20%</b>	
Sandi Alfa Wiga Arsa, Anita Rahmawati, Thatit Nurmawati, Heni Rohmawati.....	217-224
<b>The Effect of Religious Music Therapy on Blood Pressure Changes in Elderly with Hypertension</b>	
Henry Sudiyanto, Siti Rachma, Dian Irawati, Fikri Nur Hamzah.....	225-230
<b>Experience of Covid-19 Survivors in Relieving Symptoms of Anosmia</b>	
Amelia Diah Agustin, Sri Mugianti, Wiwin Martiningsih.....	231-238
<b>The Description of Future Bride Nutritional Status Included Incidence of Anemia, Chronic Energy Deficiency (CED), and Nutritional Status Based on Body Mass Index</b>	
Nonik Ayu Wantini, Lenna Maydianasari, Agnes Savitri Agni.....	239-246
<b>The Relationship between Anxiety Levels and Blood Sugar Levels in the Elderly</b>	
Ajeng Listianasari, Ning Arti Wulandari, Wimar Anugrah.....	247-253
<b>Efficacy of Balanced Nutrition Comic as a Learning Medium in Nutrition Education Intervention for Primary School-Age Children in Sampang District</b>	
Moh. Ari Wibowo, Heni Adhianata.....	254-259
<b>Spiritual Emotional Freedom Technique (SEFT) as an Effort to Improve Mood Swing Premenstruation Syndrome</b>	
Indah Lestari.....	260-264
<b>The Analysis of Exclusive Breastfeeding Towards the Stunting Cases</b>	
Khafifa Luthfia, Rahajeng Siti Nur Rahmawati, Eny Sendra, Susanti Pratamaningtyas....	265-271
<b>Literature Review: The Relationship of Knowledge and The Selection of Long-Acting Contraceptive Methods</b>	
Tatik Dwiyani, Raisyah Ansakawirus, Mutiara Ayu Muthitulsalimah, Agus Rahmadi.....	272-279
<b>Literature Review: Lemon Aromatherapy Affected the Emesis Gravidarum in First Trimester Pregnancy</b>	
Nelil Mudarris, Siti Julaila, Mutiara Ayu Muthitulsalimah, Agus Rahmadi.....	280-287
<b>Literature Review: The Support Needs of The Nurse Mentors in Their Mentoring Role</b>	
Sisinyana Hannah Khunou, Kholofelo Lorraine Matlhaba.....	288-301

## FOREWORD

*Journal of Ners and Midwifery (JNK)* is a newly launched, peer reviewed, open access academic journal which comprises the the results of research conducted by researchers focusing on health. By publishing high-quality and novel articles in a wide range of categories, this journal is dedicated to expanding and evolving the knowledge of health especially nursing and midwifery. Researchers and scientist will be able to obtain valuable information and innovative ideas from JNKarticles. The mission of *JNK* is to provide readers and researchers with a reliable source of information relevant to current developments and discoveries of nursing and midwifery topics. The journal also acts as a forum for exchanging interdisciplinary scientific knowledge from professional and an educational point of view. *JNK* emphasizes the importance of the worldwide collaboration and cooperation in various fields of health. The topics covered in this journal include all of the nursing midwifery which is relevant to health. Any types of manuscripts submission, original research articles, review articles, new technology reports, are all welcomed. To sum up, the latest concept in a variety of research area is collected and summarized in this journal for the readers.

We are deeply grateful to all of the authors for their excellent works and remarkable contributions. Each issue offers useful reports and articles to the readers. We encourage both readers and researchersto submit manuscripts especially in health disciplines. We are looking forward to receive extraordinary manuscripts and to promote the development in the cutting-edge of health.

Blitar, August 2023

**Wahyu Wibisono, SS, M.Pd**